



## 4 Youth Conference '22

Thursday, January  
27th

10:30AM-12:00PM,

Dr. Tasha Ramsey & Jaz

### **\*Opening Keynote!**

#### **Sex Ed, Why it Sucks, and How Youth Can Save It!**

We all know, sexual health education in the US sucks. Depending on where you live, there is variation on what and how much you will learn. Even when sexual health programs are “comprehensive”, they do not always represent the diversity of students or address sexuality beyond preventing pregnancy and STI's. So youth have taken to the internet, and are using social media to get the information they need. But the information on the internet is not always accurate and sometimes can cause real health problems. Which is why it is critical that sexual

health educators are on social media too! And the pandemic has highlighted that it is even more critical that accurate, comprehensive, inclusive, and culturally competent sexual health content be accessible to young people. But how do you convince your organization that this is important? How do you get involved in social media? What are the challenges? How do you make sure you reach youth? And more importantly, how do you involve youth in the process?! Dr. Tasha and Jaz will provide tips about utilizing social media to engage youth, and provide real world experience with administrators and youth leaders at the organization TeensPACT in NYC.

Get into it y'all.



12:15-1:45pm, Juan Moreno  
*Health Educator, II.*

#### **Involvement in Sexual and Reproductive Health for Men**

This workshop will open by



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providing attendees with an overview of restrictive and rigid gender roles and expectations that young boys and men typically experience in our society. This overview will be supplemented with a discussion as to how traditional masculinity can negatively influence the sexual health, mental health, and relationships of boys and young men, especially those from BIPOC backgrounds. After this discussion, attendees will be introduced to the Involvement & Responsibility in Sexual and Reproductive Health program from Planned Parenthood of Orange & San Bernardino Counties. This program provides boys and young men with a safe space to receive sexual and reproductive health education as well as the opportunity to critically examine and redefine one's own masculinity. To conclude, the facilitator will share the best practices, lessons learned, and resources that he has collected from over three years of experience in working with youth in settings such as high school, juvenile halls, foster care

centers, and alternative educational settings.

1:45-2:45pm, LUNCH / Open networking in Zoom Room!

2:45-4:15pm – Aredvi Azad & Ignacio Rivera

### Where The Line Resides: Surviving The Cycle of Sexual

Harm: Have you experienced a sexual encounter you can't quite categorize and are confused about where the line is? Or maybe you don't identify as a survivor of sexual violence because "it wasn't really that bad" or "they didn't mean what they did"? Perhaps, you are wondering if you might have done harm, you want to figure it out but you're terrified of being labeled a predator/rapist/perp? And what does it say about you if you have ever fantasized about sexual taboos and the very things that perpetuate rape culture? If any of these questions feel familiar or spark curiosity, join us as we discuss "the line", navigating the sexual abuse culture, and how we can heal as



survivors, harm-doers (and often both) without relying on carceral responses. This program is presented by The HEAL Project | [heal2end.org](http://heal2end.org)

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Friday, January 28th

10:30am-12:00pm- Re Gupta & Deja Moore

### Lib'bed For Your Pleasure (Liberation for Positive Youth Sexual Health)

Sexual Liberation, through Anti-Racist and Anti-Oppressive priorities can be achieved through Comprehensive Human Sexuality Education and Sexual Violence Prevention initiatives. More than STIs and Self-Defense, Positive Youth Sexual Health is a proven strategy to address multiple risk factors and center racial equity and social justice frameworks, empowering youth to become their most evolved and thriving sexual selves.

4:30-5:45PM, Sam Carwyn

### Meaningful Youth Partnership

When you are working in sexual health it's imperative that youth are treated as partners. So let's take a moment to evaluate our mindset and ensure we are building meaningful relationships with our youth. Here's an opportunity to check yourself for ageism and tokenizing behaviors. Then you can support youth leaders and center the most marginalized appropriately in your work.

12:15-1:15PM- Courtney Brame

### Intentionally Inclusive STD Prevention: STI Minimization

After four years of interviewing people who've tested for an STI, the word "prevention" as a perpetuator of stigma is something that hasn't been addressed. Prevention means to keep from happening which is non inclusive to those who have the lived experiences needed to aid prevention



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efforts, but that won't be the outcome. People are getting STIs, what we need to do is bring THEM into the conversation to aid "prevention" efforts. The goal ought to be minimization because this invites advocacy from those who've navigated stigma, overcome it, broken through it, or have the experiences someone needs to receive in order to get through their own internalized stigma. STI cases keep rising year to year, and while there's emphasis on not getting an STI, when we get one, how can we weave in our own lived experiences to guide others to getting tested, disclosing their status, being receptive to disclosures, creating allies to combat stigma? I'll tell you what I've learned having done this myself for the last four years in this presentation.



1:15-2:15- LUNCH

+ Optional:

- Yoga + Breath Work
- Dance + Movement
- Netflix



2:15-3:45- Quacyya  
Cuaresma

**What's Your Status?: Dating  
During COVID and Building**

### **Trust in BIPOC Youth:**

With the delta variant on the rise and the pandemic continuing to affect our lives, especially dating lives, this workshop helps youth and those who serve youth decide how to stay safe and have fun during COVID-19. The session will create a meaningful, inclusive, and safe conversation around masks, vaccines, and contraceptives, maintaining healthy relationships during a pandemic that has increased tensions and stress, and how to practice consent and build healthy boundaries.

What's Your Status doesn't only mean COVID status... STIs do not disappear during a pandemic! This workshop will emphasize the important of getting tested for both STIs and COVID-19, and discuss why contraceptives and vaccines are backed by science in keeping us healthy. With a range of people from diverse backgrounds and social intersections losing trust in the western medical system due to a lack of access or mistreatment from a provider, it is important that trusted adults in youth lives are equipped with the knowledge and skills to discuss these hot topics in an informative, approachable, and understanding way.



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4:00-5:00- Stephanie  
Zapata, S.L.A.M. Founder

5:00-6:30- Bianca I.  
Laureano, PhD, MA, CSE, CSES

**Every week it's mystery meat':**  
**Collaborating with and Being**  
**Mentored By Youth**

So often we hear about how youth need “trusted adults” in their lives especially for sexuality conversations. Yet, who are the trusted youth we have in our lives who mentor us? We will explore power and how it is often misused and stripped from youth among many of us working with them, especially those of us who are seeking to collaborate with intention and humanity. There's a lot to unlearn together, and there are numerous ways forward! Join us for a discussion of re-examining and redistributing power, reimagining the future, and embracing chaotic unpredictability.

### ACCESSIBILITY INFO:

All speakers and sessions will utilize power point and accessible designs for inclusivity.

Slides will be formatted with clean font (Verdana or Arial), minimum size 24, with strongly contrasting colors, and Alt text for all images.

Speakers will have slides available in PDF format, as well as pre-typed transcription of their session. LIVE Captioning via Zoom. Spanish translation available!



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For additional ADA  
accommodations please  
email organizer,

Stephanie Zapata:

StephanieSpeaksHere  
@gmail.com





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### Understanding Ticket Tiers



**Tier 1:** Ticket costs **\$125**  
for 1 day, or **\$250** for both  
days.

Tier 1 tickets are for folx with an annual income of \$75k+, and/or folx whose agencies/schools will be FULLY reimbursing this conference as training or development.



**Tier 2:** Ticket costs **\$100**  
for 1 day, or **\$200** for both  
days.

Tier 2 tickets are for folx with an annual income of \$70k+, and/or folx whose agencies/schools will be PARTIALLY reimbursing this conference as training or development.



**Tier 3:** Ticket costs **\$75**  
for 1 day, or **\$150** for both  
days.

Tier 3 tickets are for folx with limited income. This

definition/salary expectation was purposely left open ended.

Participants are able to choose from a one-day or two-day passes. Your one-day pass is good only for the workshops on the selected ticket day.

TICKETING INFO: After purchasing you will receive an automated receipt/confirmation email from WhenNow.com. This confirms your place for the conference.

On January 21<sup>st</sup>, 2022 all participants will receive an additional email with the CONFERENCE ZOOM LINK. The conference will take place in ONE zoom room, so you do not have to worry about multiple logins or zoom links.





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### Understanding

### Why

With social distancing become routine, more educators and learners are leaning on technology a virtual summit for sex educators was a clear MUST.

So... How do we continue the conference experience with none of the risk? By bringing the same level of intentionality and quality training directly to the audience.

Part of intentionally planning an event require putting thought into participants costs. At S.L.A.M. we know that not all sex educators, counselors, teachers, etc. are making the same amount of money, nor the money they likely deserve. We also know

that financial responsibilities, access to equitable pay/positions, and PD budgets are not the same across the board.

In an effort to align more closely with the real world, Stephanie Zapata, has created this self-checkout 3 Tier option. Participants are not forced to disclose salary, nor to submit paperwork as proof of skill or pay level. No shade to conferences that do, we just don't rock like that. Participants should feel free to review all 3 tier options and pick the one that aligns most closely to their personal and/or professional financial capabilities.

You won't have to worry about follow-up questions/surveys regarding your ticket level purchase.



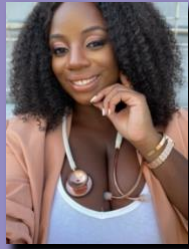


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S.L.A.M. trusts that we are all here to do meaningful work and know that trainings such as these count as an **investment** in *our* growth.

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### Meet the Speakers!



### Dr. Natasha Ramsey & Jaz Saint-Victor

Pronouns: She/Her/Hers  
*Planned Parenthood Orange & San Bernardino Counties*

Hosts of: *Sex Ed, Why it Sucks, and How Youth Can Save It!*

Natasha Ramsey MD, MPH is a board-certified

pediatrician who is currently in training at Columbia New York Presbyterian Hospital to become an adolescent medicine specialist. She obtained her medical degree and masters in global public health from New York University School of Medicine and completed her pediatric residency at Icahn School of Medicine at Mount Sinai in New York City. She has dedicated her career to serving diverse populations and expanding the adolescent medicine workforce both here and abroad in the areas of reproductive health, family planning, HIV and teen pregnancy prevention. She is also committed to supporting the pipeline of underrepresented minorities in medicine and public



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health. She founded Gorjus Doc LLC, a consultation firm with 3 goals: 1) to provide health education and resources to youth and the professionals and organizations that serve them globally 2) to dismantle racism and improve diversity, equity, and inclusion in healthcare 3) to promote advocacy and wellness through art and writing. She plans to continue her work in global adolescent medicine and commitment to diversity with the hopes of becoming a leader and advocate in the global community; fighting to improve the health of teens around the world.

Where can folx connect with you:

IG: @GorjusDoc

@Gorjus\_SexEd

Twitter: @GorjusDoc

Website(s): [gorjusdoc.com](http://gorjusdoc.com)

How can folx give financial gratitude directly:

Cashapp - \$GorjusDoc

\*Please indicate in notes if for Jaz specifically.

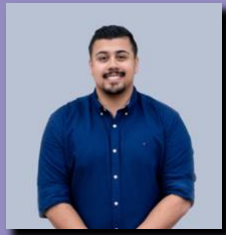
### Jaz Saint-Victor

Jaz Saint-Victor is a Peer Health educator for Community Health Care Network Teens P.A.C.T. They spend time facilitating Workshops, creating fun social media content, and connecting with youth about sexual health. Jaz is also an artist who's main goal is to create more black and queer representation in cartoons and the fantasy world. With the knowledge and skills from working with teens and creativity started "Art4Donations", trading their art for donations to



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LGBT+ organizations and individuals, becoming one of the 2020 Winners of the Colin Higgins Youth Courage Award; Jaz aims to further educate teens, especially young poc. They aim to help youth see themselves in conversations about health and in art.



**Juan Moreno**

**Pronouns: He/Him/His**

*Planned Parenthood Orange & San Bernardino Counties*

Host of: *Involvement in Sexual and Reproductive Health for Men*

For the last three years, Juan has served as a Health Educator from Planned Parenthood in SoCal. As a health educator, he provides comprehensive and inclusive sexual health education to schools, universities, and other community-based organizations. In addition to these sites, he is passionate about educating young men, especially BIPOC youth. As a Latinx male, he is aware of how traditional masculinity can negatively influence the overall health and relationships of men. In response to this, Juan has developed and delivered sexual health education to young men in settings such as juvenile halls, continuation high schools, and foster care centers. He provides these men with a safe space to learn sexual health and critically examine and redefine one's own masculinity.



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Where can folx connect with you:

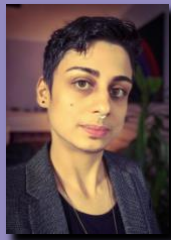
IG:

@PlannedParenthoodOSBC

Website(s): [Planned Parenthood Site](#)

How can folx give financial gratitude directly:

Venmo -Juanmoretime



Aredvi Azad &

Ignacio Rivera ,

Pronouns: They/Them/Theirs

*Heal 2 End*

Hosts Of: *Where The Line Resides: Surviving The Cycle of Sexual Harm*

Aredvi Azad (uh-Red-vee ah-Zah-d) is a certified sex and relationship coach, and an educator, writer, and speaker who has been producing educational media on gender and sexuality, kink and BDSM, and intersectional approaches to relationship building for the past decade. An Irani-American immigrant, Aredvi is a queer and trans/genderfluid relationship nerd who uses the gender neutral pronoun “they.” Aredvi’s work focuses on identifying patterns of bonding in adults who have experienced childhood emotional and sexual trauma, including generational and oppressive trauma of racism, sexism, classism, and other systems of inequality. As a scientist-turned-sex-educator, Aredvi is a self-proclaimed sexual liberationist working towards a sexually imaginative and expansive world. Aredvi is a



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Co-Executive Director at The HEAL Project, on a mission to prevent and end childhood sexual abuse through healing the wounds of sexual oppression and embracing sexual liberation.

Ignacio G Hutía Xeiti Rivera (Ig-Nah-See-Oh Gee Who-tee-ah She-eye-tee Ree-ve-Rah), M.A., is a cultural sociologist with expertise in sexual trauma and healing for marginalized populations. Ignacio is a Queer, Trans/Yamoká-hu/Two-Spirit, Black-Boricua, and Taíno activist who prefers the gender-neutral pronoun “they.” They are an internationally known gender non-conforming speaker, educator, writer, and performer with over 20 years of experience on multiple fronts, including economic justice, anti-racist and anti-violence work, as well as mujerista, LGBTQI and sex

positive movements. Ignacio is also the founder and curator of Poly Patao Productions, which began 20 years ago and centers the sexual liberation of LGBTQI people of color. Ignacio’s work is influenced by their lived experience of homelessness, poverty, and sexual trauma and is focused on providing educational opportunities that are especially geared toward the sexual liberation of queer women, transgender, multi-gender, gender-queer, gender non-conforming, gender variant and queer people of color.

Ignacio is the host of Connecting The Dots, a talk show that paints a holistic picture of how Child Sexual Abuse (CSA) shows up in everyday life and every level of society. Ignacio and their guests discuss ways to take an active role in changing the





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culture of shame and secrecy  
that makes CSA possible.

As the Founder and  
Executive Director of The  
HEAL Project, Ignacio is on  
a mission to prevent and end  
childhood sexual abuse  
through healing the wounds  
of sexual oppression and  
embracing sexual liberation.

Where can folx connect with  
you:

IG/FB/TW: @Heal2end  
Website(s): [heal2end.org](https://heal2end.org)

How can folx give financial  
gratitude directly:

[heal2end.org/donate](https://heal2end.org/donate)



**Sam Carwyn**, M.A.

Pronouns: She/Her/Hers

Host Of: Meaningful Youth  
Partnership

Sam has dedicated herself to  
serving her community with  
her entire professional career  
spent in the non-profit sector.  
She has focused primarily on  
youth, families, reproductive  
justice, and supporting  
individuals who have  
experienced violence. As an  
advocate, she centers her  
efforts on those who are most  
marginalized, which has  
included youth in foster care,  
the African American  
community, LGBTQIA+  
youth, and adults. She is





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devoted to creating accessible, inclusive, and uplifting environments collaboratively.

She earned a bachelor's degree from the University of Nebraska-Omaha in Child, Youth, and Family Studies. In 2015 she obtained a Master of Arts in Teaching from the College of Saint Mary. She has been endorsed in Special Education for elementary and secondary students and Social Studies for middle school students. She is currently pursuing a Master of Divinity degree, with Social Transformation as an area of concentration, through United Theological Seminary of the Twin Cities. She is currently on the church leadership track at UTS and in care for ordination with the Universal Fellowship of Metropolitan Community Churches.

Where can folx connect with you:

Website(s):

[carwyncollaboration.com](http://carwyncollaboration.com)

How can folx give financial gratitude directly:

**Cashapp: \$amCarwyn**

**Venmo:**

**@Carwyn\_Collaborates**



**Re Gupta & Deja Moore**

Pronouns: Re

Pronouns: She/Her/Hers

Hosts of: *Lib'bed For Your Pleasure (Liberation for Positive Youth Sexual Health)*



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Re is the Sexual Violence Prevention Program Coordinator at the Colorado Department of Public Health and Environment. A first-generation daughter of immigrants and solo-mom, Re brings experience in compensatory youth development, socioemotional literacy and pubertal/sexual health education, trauma informed practices, and ethnography-focused approaches to community-led violence prevention work.

Deja Moore is the Comprehensive Human Sexuality Education Program Coordinator at the Colorado Department of Public Health and Environment. As an Afro-Hispanic Trans woman of color, she brings lived experience to the table and has served her communities at the local and state level by providing psychosocial

support, sexual health education, and STI/HIV policy praxis with a harm-reduction, trauma informed, and community centered anti-racist approach.

Where can folx connect with you:

Website(s): [Colorado Dept of Public Health & Environment](https://www.colorado.gov/public-health-environment)



**Courtney Brame**

Pronouns: He/They

Something Positive For Positive People (SPFPP)

Host Of: Intentionally Inclusive STD Prevention: STI Minimization



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Four years into interviewing people navigating STI stigma after a herpes diagnosis, one consistent challenge faced by healthcare providers is the lack of resources to address people's primary concerns after delivering a herpes diagnosis. A major concern for someone newly diagnosed with herpes is "how do I disclose this to future partners?".

Something Positive for Positive People (SPFPP) was born as a suicide prevention resource for those struggling with the stigma of their STI diagnosis. Challenging the status quo of the media, medical field, and internal belief systems about the identities of those living with an STI, SPFPP is bringing awareness to the interconnectedness of mental health and sexual health. Courtney's goal through

SPFPP is to provide access to mental health resources, and integrate them into STD prevention efforts.

Where can folx connect with you:

IG:

Website(s): [www.spfpp.org](http://www.spfpp.org)

How can folx give financial gratitude directly:

Cashapp: @Courtneybrame

Venmo: @Courtneybrame



**Quacyya Cuaresma,**

Pronouns: She/Her/Hers

Host Of: What's Your Status?: Dating During



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### COVID and Building Trust in BIPOC Youth

Quacyya Cuaresma (she/her) lives, works, and plays on the unceded lands of the Dena'ina people also known as Anchorage, Alaska. With a degree in B.S. Health Sciences and concentration in health education, she leads her Alaskan community through public health measures. She has gained valuable experience in DVSA prevention through educating youth and community members about domestic violence, dating violence, sexual assault, healthy relationships, consent, conflict resolution, and bystander intervention. As a woman of color, child of Vietnamese-Filipino immigrants, and a professional in prevention, she looks forward to sharing both her professional and

personal perspectives within the field of prevention.

Where can folx connect with you:

IG: @qmc\_

How can folx give financial gratitude directly:

Venmo - @Quacyya-Cuaresma



**Stephanie Zapata,**

**Pronouns: They & She - series**

*S.L.A.M. Founder*

Stephanie Zapata is a Bronx-born-Boricua sex educator, speaker & consultant. They hold a decade of experience in the field and are no



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stranger to the fight for sexual/reproductive freedom that builds on liberatory sex education. For some organizers who find their path on a school campus, like Steph, their activism and community engagement fizzle out after leaving the school life. Others, however, were born to be long-term catalysts for change. Since moving on from her Bronx organizing roots, Stephanie continues to practice catalytic innovation today.

She pursued her passion for gender & sexual visibility in education while working as a sex educator at some of NYC's top non-profits. While doing that work, Stephanie realized that conventional sex education disregarded the needs of system-impacted communities - Black, Latinx, low-income, and LGBTQ communities especially. She also realized how crucial it is

for sexuality education to be centered around truth, pleasure, emotional alignment, and yes, liberation -- not just prevention.

Stephanie has presented keynotes at dozens of major, notable health conferences, and provides training workshops that discuss sex education based on an anti-oppression and inclusive frameworks. Stephanie's college and H.S. QSA/GSA tour: "The Queer Sex Ed You/I/We Never Got" is one of their newer innovations.

Steph's belief that sex education is an invaluable tool to dismantle major aspects of systematic oppression, has been embraced by many others in her field, offering opportunities to bring this insight to communities across the country. After recently being named one of B.E.Q.





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Magazines 40 LGBT Leaders Under 40, their more recent innovation came in the form of a conference.

In June of 2020, Stephanie successfully cultivated an entire virtual conference, (S.L.A.M), Sexuality Liberators and Movers Conference which brought together some of the country's top sex educators and clinicians to provide 2 full-days training. The conference is designed to give participants a more critical analysis in race, inclusive practices, and history through a liberatory sex education lens. Stephanie believes that through intentional centering and uplifting of contributors/voices of Color, we will finally begin to see true sexual liberation become not only a standard practice, but a reality.

“I first fell in love with sex education, not because I got to talk about sex, or throw the occasional dildo around, but because I was working with young people. Youth taught me that sex ed can be fun, educational, and affirming. While the sex ed world largely overlooked many of our identities as queer & BIPOC youth (I was 22 at the time), a group of teens and a malleable curriculum opened a space for all to be seen. Working with young people is both a gift and an act of self/collective healing. Too often adults think we have it all figured out and enter educational spaces with a superiority mentality. I encourage all educators to embrace the opposite as truth; **we have just as much, if not more, to learn from youth.** True learning is a collaborative experience.”





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Where can folx connect with you:

IG: @StephanieSpeaksHere  
@SexualityLiberatorsAndMovers

Website(s):  
[StephanieSpeaksHere.com](http://StephanieSpeaksHere.com)

How can folx give financial gratitude directly:

Cashapp -  
\$StephanieSpeaksHere  
Venmo -  
@StephanieSpeaksHere



**Bianca I. Laureano**

PhD, MA, CSE, CSES

Pronouns: Doctor

**CLOSING KEYNOTE!**

Host Of: “‘Every week it’s mystery meat’: Collaborating with and Being Mentored By Youth

Bianca I Laureano is an award-winning educator, curriculum writer, and sexologist. She is a founding member of the Women of Color Sexual Health Network (WOCSHN) and ANTE UP! a virtual freedom school. She has written curricula and led the curriculum development for the Netflix film Crip Camp using disability justice principles

[www.CripCamp.com/curriculum](http://www.CripCamp.com/curriculum). She is an AASECT certified sexuality educator and supervisor and was awarded an honorary doctorate from the CIIS for her work in expanding the



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US sexuality field. Find out more about Bianca at her website [BiancaLaureano.com](http://BiancaLaureano.com) and about ANTE UP! at [www.AnteUpPD.com](http://www.AnteUpPD.com)

Where can folx connect with you:

Website(s):

[biancalaureano.com](http://biancalaureano.com)

[ANTE UP!](http://ANTEUP!)

[cripcamp.com/curriculum/](http://cripcamp.com/curriculum/)

How can folx give financial gratitude directly:

[PayPal.me/BiancaLaureano](http://PayPal.me/BiancaLaureano)

Venmo- Bianca-Laureano

Cashapp - \$AnteUpPD

